



# SAMPLE POINTS TRACKER

COST RANGE	INCEN-TIVES	ACTION	POINTS	Points Earned	
				Done Before Nov.	Nov.
<b>Support The Energy Challenge!</b>					
NO COST!		Accept the Challenge and sign up	200		
NO COST!		Submit your "Carbon Snapshot" at the start, and again after 12 mos.	800 each time		
NO COST!		Refer someone who signs up	200/person		
NO COST!		Display green ribbon conspicuously in front of your home	100/mo.		
NO COST!		Display Bumper sticker on your car	100/car/mo		
<b>Save Everywhere Around Your Home</b>					
NO COST!		Get a National Grid home energy audit, 1-888-633-7947	5,000		
<\$25	NG Discount	Replace incandescent bulbs with energy-efficient compact fluorescent bulbs.	180/bulb		
<\$25	NG Discount	Replace a halogen lamp with a compact fluorescent.	475/bulb		
<\$25		Replace your incandescent Holiday light strings (indoor or outdoor) with LED light strings.	150/string		
<\$25		Install a light-timer switch or sensor that turns a light (basement, garage, stairs) off after a set amount of time.	200/light		
<\$25	NG Discount	Cut phantom electric loads. Buy power strips for TV/stereo/computer/printer.	200/appliance added to power strip(s)		
<\$100	Tax credit	Sign up for one of National Grid's GreenUp programs to support renewable energy development	50/mo.		
<\$250		Need a new TV? New VCR? Select an ENERGY STAR model.	70 for a TV 35 for a VCR		
<b>Saving in the Kitchen, Bathroom &amp; Laundry</b>					
NO COST!		Unplug/dispose of your old EXTRA fridge or freezer and make sure it goes out of service permanently.	2,500/appliance		
NO COST!		Turn down your water heater thermostat to 120 or less. If no numbers, turn it down at least one setting.	200/mo		
NO COST!		Flush hot water heater to get rid of the efficiency-robbing sediment	200/flush		
NO COST!		Run your dishwasher only with a full load. Turn off heat drying function. Choose the energy-saver setting.	200/mo		
NO COST!		Use a 5-minute shower timer. Two points levels: Always <5 minutes (500 points/person)	500/person/mo.		
NO COST!		Line dry clothes outdoors or on drying racks.	200/mo.		
NO COST!		Wash clothes in warm or cold water, not hot.	500/mo. for cold 200/mo. for warm		
<\$25	NG Discount	Install faucet aerators	20/aerator		
<\$25	NG Discount	Install low-flow shower heads to use less hot water.	300/shower head		
<\$25	NG Discount	Wrap your water heater in an insulating jacket.	1,000		

COST RANGE	INCEN-TIVES	ACTION	POINTS	Done Before Nov.	Nov.
<b>Save on Heating &amp; Cooling Your Home</b>					
NO COST!		Winter Daytime: turn down your thermostat.	500/mo. for 69 - 67 1,200/mo. for 64 - 66		
NO COST!		Winter Nighttime: turn down your thermostat	500/mo. for 57 - 60 1,200/mo. for 54 - 56		
NO COST!		If you have air conditioning, don't over-cool rooms. Adjust thermostats to 76 in summer. Better yet 79.	500/mo for 76 - 78 1,200/mo for 79+		
<\$25	NG Discount	Caulk and weatherstrip around doors and windows to plug air leaks. Use a candle or incense stick to test.	150/window or door		
<\$25		Install insulation on all accessible pipes from hot water heater and hot water heating system where accessible.	250		
<\$25 or DIY		Clean or replace air filters on air conditioners and hot-air heating system as recommended.	175/change or cleaning		
<\$25 DIY, <\$250		Seal and insulate warm air heating ducts.	800		
\$25-100		Replace a window air conditioner with window fan	600/fan		
\$25-100		Replace old window air conditioner with an ENERGY STAR AC	200/AC		
<\$100		Get your furnace or boiler burner tuned up (yearly).	300/year		
<\$250	Tax credit	Insulate basement, especially around sill.	750		
<b>Save on Transportation</b>					
NO COST!		Instead of driving, walk, bike, carpool or use mass transit.	150/trip		
NO COST!		Check the inflation in your auto's tires monthly.	250/mo.		
\$25-100		Change your auto's engine and interior air filter according to manufacturer's specifications	200/change		
<\$25		Take your own cloth grocery bags when shopping at least 90% of the time.	150/mo.		
<\$100		Replace porch or path lights with solar-powered lights.	100/light		
<\$100		Use a manual push mower instead of a gas or electric mower	200/mowing		
<\$250		Plant a screen of trees next to your home. Evergreens to the N & E, deciduous trees to the S & W.	1,000		
<\$250		Get a tune-up for your car's engine.	1,500		
<b>More Investment = Bigger Savings!</b>					
<\$100	NG Discount	Install ceiling fans	400/room		
<\$100	NG Discount	Install a programmable thermostat(s)	600/zone		
<\$250	NG rebate	Replace a fridge (at least 10 years old) with ENERGY STAR fridge	1,000		
<\$250	NG rebate	Replace non-ENERGY STAR fridge (less than 10-years old) with an ENERGY STAR fridge	500		
<\$250		Replace less than 10-year-old dishwasher with an ENERGY STAR dishwasher	100		
<\$1000		Replace an old clothes washer with new ENERGY STAR washer.	850 if >10 yrs old 475 if <10 yrs old		
<\$1000	Tax credit	Switch from electric/oil hot water heater to gas	1,400		
<\$1000	Tax credit	Replace standard electric hot water heater with on-demand hot water heater	3,600		
<\$1000	Tax credit	Switch from an old gas water heater to a new ENERGY STAR hot water heater	500		

<b>COST RANGE</b>	<b>INCEN-TIVES</b>	<b>ACTION</b>	<b>POINTS</b>	<b>Done Before Nov.</b>	<b>Nov.</b>
<b>More Investment = Bigger Savings! (continued)</b>					
<\$250- >\$1000	Tax credit	If you need to replace your windows, install the best energy-saving models	500/window		
<\$250- >\$1000	Tax credit	Install interior storm windows	300/window		
>\$1000	Tax credit	Add solar hot water heating system.	4,000		
>\$1000	Tax credit	Install solar electric system to replace at least 10% of your annual electric needs.	1,430		
<\$1000		Install a solar attic fan to cool the attic in summer.	1,000		
<\$1000	Tax credit	Insulate your walls and ceilings	200/surface		
>\$1000		Buy a non-hybrid car that gets over 32 miles per gallon.	10,000/car		
>\$1000	Tax credit	Buy a hybrid car.	16,000/car		
<b>Monthly Totals</b>					